



MY WAY.

Taking to the skies and going casual keeps Henk's feet on the ground

"When I made the change in my life to be less formal and more relaxed it really changed me. At least once a week I wear my jeans, 'running takkies' and a T-shirt to work. Still neat, but casual.

"I enjoy a spur-of-the-moment, unplanned breakfast or lunch out of the office. Sometimes alone, sometimes with my wife. Another small thing which makes a big difference is to deviate from the normal day-to-day routines, which can include sometimes working from home. It makes a world of a difference to just sit and take in the moment around you, really live in the moment." >>



HENK OLIVIER, MD OF
OZONE INFORMATION
TECHNOLOGY SOLUTIONS



**"Power paragliding gives me
time to just do something I can
enjoy and get away from the
stress of running a business."**